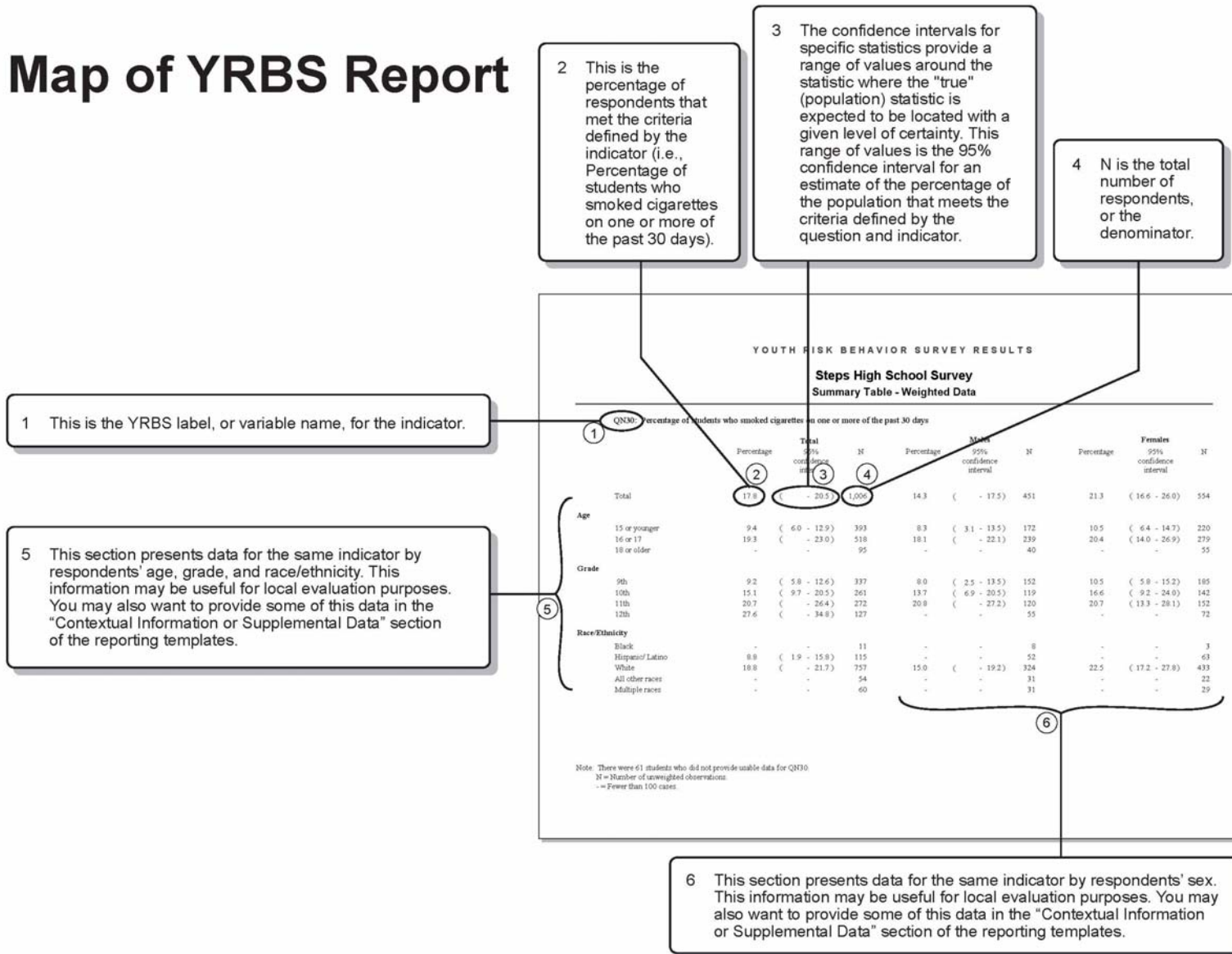


Appendix F

Map to Youth Risk Behavior Survey (YRBS) Report

The YRBS data that Steps communities need in order to report to the Steps Program Office are in a report that CDC's Youth Risk Behavior Surveillance System (YRBSS) staff send to each Steps community after the data are analyzed. To help Steps communities interpret these reports and select the data needed for reporting on the core performance measures, this appendix provides a map to the YRBS report. The map shows a sample YRBS report with explanations of the information contained in each part of the report.

Map of YRBS Report



Appendix G

Steps to a HealthierUS Cooperative Agreement Program—Sources of Evidence for Program Planning and Implementation

Steps communities rely on current knowledge of what works in chronic disease prevention and health promotion in order to accelerate progress toward intended outcomes. By implementing evidence-based strategies, communities focus their efforts on the most effective interventions and demonstrate that funds are being used in the best way possible to reduce the burden of chronic disease in their communities. In doing so, communities draw from a wide range of sources of evidence.

This appendix lists sources of evidence relevant to Steps Program interventions. It is an optional tool that Steps communities may use to aid in program planning and implementation or to identify the evidence base for selected interventions. This list is not exhaustive or prescriptive, and communities are not limited to the sources on this list. The list includes the following information:

- **Resource:** The name of the resource, hyperlinked to the relevant web page
- **Description:** A brief description of relevant sources of evidence included in the resource
- **Focus Areas:** An indication of which Steps focus areas (i.e., obesity, diabetes, asthma, nutrition, physical activity, and tobacco use) the resource addresses
- **Key Sectors:** An indication of which resources address healthcare access and quality or school health

Steps to a HealthierUS Cooperative Agreement Program—Sources of Evidence for Program Planning and Implementation

Resource	Description	Focus Areas						Key Sectors	
		Obesity / Overweight	Diabetes	Asthma	Nutrition	Physical Activity	Tobacco	Healthcare Access / Quality	School Health
101 Packets, National School Boards Association	Informational packets about selected school health issues available by mail. Physical Activity 101 & 201, Healthy Eating 101, Tobacco Use Prevention 101, and Asthma in Schools 101 contain recommendations about policies and practices.			x	x	x	x		x
Allies Against Asthma, University of Michigan	Resource bank includes resources to help implement asthma intervention programs.			x					
American Diabetes Association 2005 Clinical Practice Recommendations	Position statements on standards of medical care; diagnosis; care in school, day care, camp, and correctional institutions; and third party reimbursement for care and self management education. Also includes national standards for diabetes self management education.		x						x
American Heart Association Guide for Improving Cardiovascular Health at the Community Level	Goals, strategies and interventions to promote cardiovascular health through policy and environmental change on a community-wide basis.				x	x	x	x	x
Best Practice Initiative, Office of Public Health and Science, HHS	Best Practices from around the country include childhood obesity prevention initiative, breastfeeding initiative, tobacco control, and diabetes control.	x	x		x		x		
Best Practices for Comprehensive Tobacco Control Programs, CDC	Recommended strategies include school programs, cessation programs, enforcement, and counter-marketing.			x			x	x	x